

| Coffee / Tea / Milk with all meals | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|--|---|---|--|--|---|
| July 1 – July 5 | <u>1</u> Hot dog with chili and cheese Wheat bun French fries Coleslaw Brownie | <u>2</u> Stuffed peppers Zucchini and tomatoes Mexican corn Wheat hot rolls Peaches | <u>3</u> Biscuits and gravy Sausage Scrambled eggs Hashbrown casserole Apple juice | <u>4</u> Closed for July 4th | <u>5</u> Chicken Alfredo with linguini Broccoli Garlic bread Dark green leafy salad Sliced pears |
| July 8 – July 12 | <u>8</u> Chicken salad sandwich with celery and onion on sliced wheat bread Cucumber, tomato and onion salad Potato salad Jello fluff | <u>9</u> Taco salad meat, cheese, beans, lettuce and tomatoes Pineapple Tostitos Pudding | <u>10</u> Chicken tenders Baked potato with sour cream California blend veggies Wheat roll Apple crisp | <u>11</u> Meatloaf with ketchup Mashed potatoes with gravy Carrots Apricots Wheat roll | <u>12</u> Cook's choice |
| July 15 – July 19 | <u>15</u> Fried fish filet sandwich Buttered corn Spinach Wheat bread Tropical fruit | <u>16</u> Cornbread pork cutlet with peppered gravy Mashed potatoes Buttered carrots Wheat roll Applesauce | <u>17</u> Chicken and stuffing casserole Roasted potatoes California blend veggies Warm spiced pineapple Wheat roll | <u>18</u> Oven fried chicken Mashed potatoes and gravy Peas and carrots Wheat roll Birthday cake with fruit | <u>19</u> Cheeseburger with bun with lettuce, tomato, onion, pickle Potato wedges Broccoli salad Apple salad |
| July 22 – July 26 | <u>22</u> Goulash with tomatoes and onion Green beans Dark leafy green salad Wheat roll Pound cake with strawberries | <u>23</u> Sweet and sour chicken Fried rice Oriental vegetables Egg roll Mandarin oranges Fortune cookie | <u>24</u> Beef enchiladas with lettuce, tomatoes and onion Refried beans Spanish rice Pineapple | <u>25</u> Baked ham Sweet potatoes Green bean casserole Wheat roll Cinnamon rolls | <u>26</u> Cook's choice |
| July 29 – August 2 | <u>29</u> Spaghetti with meat sauce Dark green leafy salad Pears Garlic rolls Cake | <u>30</u> Chef salad with egg cheese Tomatoes, cucumber, onion Half ham sandwich Tropical fruit | <u>31</u> Chicken fried steak with white gravy Mashed potatoes Broccoli Wheat roll Warm spiced pineapple | <u>1</u> | <u>2</u> |